

Food Allergy STATS

According to Food Allergy Research and Education,
15 million Americans have food allergies.

We're not sure how many Americans have food intolerances.



The United States National Library of Medicine estimates that **65% of the human population has a reduced ability to digest lactose** after infancy.

This potentially deadly disease affects 1 in every 13 children (under 18 years of age) in the U.S.
That's roughly two in every classroom.



Every 3 minutes, a food allergy reaction sends someone to the emergency department –
that is more than 200,000 emergency department visits per year.

Eight foods account for 90 percent of all reactions: **milk, eggs, peanuts, tree nuts, soy, wheat, fish and shellfish.**

Even trace amounts of a food allergen can cause a reaction.



Food allergies affect children and adults of all races and ethnicity.

A food allergy can begin at any age.



More than 6.5 million adults are allergic to finned fish and shellfish.