What to Expect FROM ALLERGY TESTING



Your Appointment

We're here to listen to you!

Your allergist will ask you some questions about your allergies.

What kind of symptoms have you experienced?

How long have your reactions lasted?

Do you have any family history of allergies? Myth

Children outgrow their allergies.

Some children may outgrow some of their allergies. Not all cases are the same.

Fact



The Skin Test Methods

The two test methods are simple and fairly quick skin test methods. Nothing scary!



Prick Method: The skin is gently scratched or pricked where a drop of allergen has already been placed.

Intradermal Method: This method consists of injecting small amounts of an allergen into the superficial layers of the skin on your upper arm.



Skin testing is painful.

Skin testing is a simple prick with a sterile applicator.

Fact



If you do have an allergy, a red, raised itchy hive will appear after only **15-20** minutes.

Typically, these very small hives will disappear after about *60 minutes* at the most.

After diagnosing your allergy, you can work with your allergist to find a course of treatment.



Treatment Options

Environmental Control Changes to the environment to avoid allergies **Medication**Allergy medicine

Immunotherapy Series of allergy shots (desensitization) Myth

There is no cure for allergies.

There are options if you suffer from allergies including immunotherapy.

Fact

Let's find the best treatment option for you!

